

IAEC NEWS

Illinois Association of Extended Care

“Necessity is the Mother of Invention”

At a time when the State of Illinois is in financial crisis every budget is being evaluated for its effectiveness and the taxpayer payback on dollars spent, maybe it will be this “budget crisis” that will finally shed light on the fact that one of the biggest drains on our State have been the increased incarceration rates of particularly blacks and Hispanics for drug and alcohol related crimes.

It is no secret that there is probably no social problem that has captured the imagination of the American public as the problem of Drug and Alcohol Abuse. In fact, it is considered to be among the major problems in the nation. Over the last decade, the rhetoric and solutions proposed by politicians and government officials has been to build more prisons, more police, and the abolition of constitutional protections, and even the death penalty for drug dealers. The national estimates for the prison population growth have significantly exceeded the population growth in our country in general, resulting in the criminalization of America. This criminalization of America has had a huge reeling effect on communities and families, mostly for minority groups, thereby, increasing the stigma that keeps members of these communities on the fringes.

The high incidence of drug and alcohol related arrests and sentencing of the minority population is due to the higher likelihood that they live on societies fringes of access to education, money and jobs, health insurance and thereby, reducing their ability to make bail. It is not necessarily the higher incidence of usage. This problem is magnified in the actual prison population in proportion to minorities make up in society. In fact, with the recent Rush Limbaugh revelation, awareness has been made of the proclivity of prescription drug addiction among the white population that is equally as destructive to

the lives of many. However, the difference of those with money and in mainstream communities as in the case in point highlighted in the Rush Limbaugh case is access. For Rush Limbaugh, who has recently entered a treatment program, rehabilitation becomes an option to incarceration as he so famously advocated, for admitted drug usage. This becomes an option to mainstream community members especially to those with health insurance and paid attorneys.

One of the biggest problems that those that live on the fringes have had to access to rehabilitation is the lack of programs within the communities where they live. This is where A Safe Haven, the leading recovery home operator, has emerged as a solution to one of law enforcements conundrums “how to address the root of the problem that led to the crime that would reduce the rate of recidivism”. There is now a paradigm shift occurring in the protocol for non-violent drug and alcohol related offenses in law enforcement throughout the U.S. that is starting to mandate treatment together with therapeutic communities and/or recovery homes within the communities where the offenders may realistically live, become a part of the community and continue their life long commitment to recovery.

Effectively, the prison explosion has run its course. Politicians and government leaders are hearing the voters cry that funding more prison construction projects is not the answer, but taxpayer money is more productive if it is directed towards proven treatment and recovery home programs. Since, living in recovery is the only way to reverse the decline and decay that occurs in the lives and communities of those that have never been given access as an alternative.

*Neli Vazquez-Rowland
A Safe Haven*

**ILLINOIS ASSOCIATION OF
EXTENDED CARE**

**MEETING SCHEDULE
Anniversary Issue
Fall 2003**

**Current
IAEC
Officers:**

*Sterling Gildersleeve
Chairperson*

*James Russell
President*

*Olivia Howard
1st Vice President*

*Stan Van Der Pal
2nd Vice President*

*Fenlis Jefferson
Secretary*

*Celeste Peete
Treasurer*

**Visit the IAEC Web-
site:**

www.iaec.info

ETHICS and PROFESSIONALISM

In the Recovery Home and Drug Free Living Environment

For every role we play in life there is a set of expectations. The values and beliefs we internalize influence our behavior and guide us in meeting these different expectations.

In our profession there is a unique set of expectations we need to learn. In order to fully understand what is required of us we need to look at how the expectations originated and how living up to them will be reflected in our actions. When we live up to these expectations we demonstrate the ethics, or principles of conduct, of a recovery professional. In order to fully understand these principles, it is important to look at the role they play in our resident interactions. Why were they developed and why do we spend the time discussing and reviewing them?

Ethics and ethical principles provide both definition and protection of the relationship between the individuals providing and those receiving chemical dependency services. Defining such relationships protects the individuals involved by establishing appropriate boundaries between staff and resident. This protection also applies to the agency/employer as well as to those possessing professional certifications such as NRCS and CADC.

How do we define the relationship between resident and staff? What are the components of the resident/staff relationship?

Professionalism: The staff member is a professional in the area of addiction and recovery, and as such, provides the best possible service that he can to the resident. The resident receives the services.

Meeting needs: The resident comes into your facility with a set of needs. The staff is to see that these needs are met. The corollary to this is that the resident is not there to meet the needs of the staff.

Health: Our residents come to us in various stages of spiritual and emotional health and with varying degrees of necessary life skills. They need our professional help and guidance to become healthy, functioning members of society. In order to serve as role models for residents, staff must be healthy, both spiritually and emotionally.

Responsibility: As staff, we are responsible for providing quality services to our residents. They, in turn, are responsible for the choice they make to either accept or decline our help. They are ultimately responsible for their recovery.

The role we have chosen as a recovery professional is a very demanding one. We not only need to possess the necessary skills, we need to be able to teach them, and most importantly, to demonstrate them to our residents every hour of every day. A recovery home professional essentially lives his professional life in the fishbowl of a milieu. But we wouldn't have it any other way.

*Casey Radkiewicz
Cornell Interventions*



ILLINOIS ASSOCIATION OF EXTENDED CARE



39th ANNUAL AHHAP TRAINING CONFERENCE

“The Environmental Approach”

June 3rd – 5th, 2004

**Hyatt Regency Hotels & Resorts
151 E. Wacker Drive Chicago, Illinois**

Hotel room rates are \$139.00 per night (plus tax).

Hotel Rooms at the Hyatt Regency are available from Tuesday June 1, 2004 through Monday June 7, 2004.

Please call (312) 565-1234 or (800) 233-1234
(Mention the AHHAP Conference)

The cut off date for hotel room registration is Tuesday May 18, 2004.
For more information go to www.ahhap.org

CONFERENCE REGISTRATION

REGISTRATION: MEMBERS \$200.00 (includes 3 day workshop & luncheon)

REGISTRATION: NON MEMBERS \$250.00 (includes 3 day workshop & luncheon)

REGISTRATION DAILY: \$55.00 per day (7CEU's daily)

Thursday

Friday (President's Luncheon)

Saturday (Staff Development Day)

LUNCHEON ONLY: \$35.00 (2CEU's)

LUNCHEON & WORKSHOPS: (one day only) \$90.00 (7CEU'S)

EXHIBITOR COMMITMENT

PLEASE CHECK ONE:

\$750.00 June 3rd - 6 th

\$250.00 for each day

(Please check each day of attendance)

REGISTRATION DAILY:

Thursday June 3rd

Friday June 4th

Saturday June 5th

ADVERTISING COMMITMENT

PLEASE CHECK ONE:

\$1000.00 FULL PAGE

\$500.00 1/2 PAGE

\$250.00 1/4 PAGE

\$125.00 BUSINESS CARD

Please have photo ready for advertising along with a 50% deposit to be returned to our office by Monday April 5, 2004.

NAME: _____ ORGANIZATION: _____

ADDRESS: _____ CITY: _____ STATE: _____

ZIP CODE: _____ PHONE: _____ FAX: _____

E-MAIL ADDRESS: _____

Final Payments for Advertising and Exhibitor booths are due by Monday May 17, 2004

Enclosed is our check # _____ made payable to IAEC in the amount of \$ _____

Please forward information to IAEC/ AHHAP Conference P.O. Box 269180 Chicago, Illinois 60626-9180

For further information contact Celeste Peete (Conference Coordinator) 708-253-5924 or
Fenlis Jefferson (IAEC Secretary) 773-443-1920

**ILLINOIS ASSOCIATION OF EXTENDED CARE
MEETING SCHEDULE 2003 - 2004**

1. August 21, 2003

Agency: Cornell Interventions
Address: 2221 W. 64th Street
Woodridge, IL 60517
Phone: 630-968-6477
Fax: 630-968-8945
Contact: Casey Radkiewicz
Workshop: N.C.R.S. Certification Process
Instructor: Sterling Gildersleeve

2. September 18, 2003

Agency: Hope House
Address: 479 N. Lake Street
Aurora, IL 60506
Phone: 630-966-7420
Fax: 630-966-7420
Contact: Olivia Howard
Workshop: Supervision
Instructor: Olivia Howard

3. October 16, 2003

Agency: Yellow Brick Road
Address: 317 S. 4th Street
Maywood, IL 60153
Phone: 773-406-0707
Fax: 708-344-2400
Contact: Cynthia Cameron
Workshop: ASAM Placement in Extended Care
Instructor: Skip Land

4. November 20, 2003

Agency: Kedzie Center
Address: 1706 N. Kedzie
Chicago, IL 60647
Phone: 773-227-2158
Contact: Pete Piry
Workshop: Ethics and Boundaries for
Recovery Home Employees
Instructor: Olivia Howard

5. December 18, 2003

Agency: Guildhaus
Address: 2413 Canal
Blue Island, IL 60406
Phone: 708-385-3228
Fax: 708-385-3346
Contact: Jack King
Workshop: Supportive Services for Extended
Care Residents
Instructor: Willie Martin

CEU's (1.5) are given for all workshops

6. January 15, 2004

Agency: Men's Residence North
Address: 1640 W. Morse
Chicago, IL 60626
Phone: 773-338-5105
Fax: 773-338-5241
Contact: Roy Shannon
Workshop: Appropriate Levels of Care
Instructor: Willie Martin

7. February 19, 2004

Agency: A Safe Haven
Address: 2057 W. Jarvis
Chicago, IL 60645
Phone: 773-381-6249
Fax: 773-764-1866
Contact: Denise Cobb
Workshop: Marsha Linehan's Organization of
Problem Behaviors
Instructor: James Russell

8. March 18, 2004

Agency: It's About Change, Inc.
Address: 394 Madison Avenue
Calumet City, IL 60409
Phone: 708-868-5014
Fax: 708-868-8335
Contact: Anthony Dillard
Workshop: Borderline Personality Disorders
from DBT Perspective
Instructor: James Russell

9. April 15, 2004

Agency: Rockford Rescue Mission
Address: 715 West State
Rockford, Illinois 61110
Phone: 815-965-5332
Fax: 815-965-5332
Contact: Stan Van der Pal
Workshop: Social Model Recovery
Instructor: Skip Land

10. May 20, 2004

Agency: Haymarket Center
Address: 120 N. Sangamon
Chicago, IL 60607
Phone: 312-226-7984
Fax: 312-226-8048
Contact: Willie Martin
Workshop: Sober Living Environment Registration
Instructor: Sterling Gildersleeve

June 2004

12th Annual Luncheon
DATE TO BE ANNOUNCED

July 2004

NO MEETING HELD

IAEC Beneficial in Recovery Home Licensure Process

When Hope for Tomorrow, Inc. recently underwent the process of recovery home licensure, we found the Illinois Association of Extended Care (IAEC) an invaluable ally. The professional courtesy IAEC extended is to be commended. An IAEC representative visited our facilities and made a few fire safety recommendations. As a result, the inspection from OASA went smoothly. There are several reasons to be licensed, but two that I'll mention here. One, licensure has advanced our profession through credibility. It

shows evidence that a standardized minimum has been and is continually being met. The second reason is it can be considered illegal to operate an unlicensed "recovery home." The process is not too difficult. However, interested applicants should join the Illinois Association of Extended Care and attend the monthly meetings/trainings. Afterward, contact the Office of Alcohol & Substance Abuse (OASA) by calling (312) 814-3840 and request an application for licensure. Once you have re-

viewed 2060 Policies and Procedures and have developed a structured business plan, the staff at OASA will visit your site. If everything is in accordance with 2060, you're approved. Together, we are working to advance substance abuse treatment across the nation.

Jeff Gilbert
Hope for Tomorrow, Inc.

Please send your articles and responses to:

IAEC Newsletter
P.O. Box 269180
Chicago, IL 60626-9180
phone: 312- 458-9008

WebSite: www.iaec.info
Email: info@iaec.info

IAEC'S PURPOSE:

- *to provide effective residential extended care to recovering alcoholics and addicts who have completed or are still in treatment.*
- *build public confidence in the halfway house/recovery home process.*
- *ensure quality care to the consumer of extended care.*
- *to provide recovering individuals with recovery support systems and sober living skills.*
- *IAEC endorses the concept that the support and coaching provided in an extended care setting is a specialty that requires performance by competent and professional individuals.*